



A Journey to the Land of the Saints

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II • The Brothers Visit Holy Enda  
& An Uninhabited House

*The members of the community enter and pray in silence. After the community is fully assembled, the prelude should be presented.*

**Prelude**

“The Brothers Visit Holy Enda & An Uninhabited House”  
*(from The Voyage of Saint Brendan, translated by John J. O’Meara)*

Inspired by Barrind’s story, Saint Brendan decides to make his own pilgrimage to the Land of the Saints. So, he gathers some of his brother monks and begins his journey.

*A period of silent meditation follows the reading before the leader begins the penitential prayers.*

**Penitential Prayers**

*A bell rings and the members of the community kneel. If anyone cannot kneel, they should remain seated with their head bowed.*

Leader  
All

We bend our knees  
*(making the sign of the cross)*  
**in the eye of the Father who created us,**  
**in the eye of the Son who purchased us,**  
**in the eye of the Spirit who cleansed us. Amen.**

*All stand.*

Leader

Lord Jesus Christ,  
give us the grace of repentance;  
give us the grace of earnestness;  
give us the grace of submission.

Community

**Give us the strength and courage to confess our guilt  
as earnestly as were this the moment of our death.**

Leader

Lord Jesus,

Community Leader	you are shade to those in the heat; you are shelter to those in the cold; you are a well to those in the desert. Lord Jesus, have mercy on us.	
	<b>Lord Jesus, have mercy on us.</b> Christ Jesus, you are eyes to those who are blind; you are ears to those who are deaf; you are health to those who are ailing. Christ Jesus, have mercy on us.	
	<b>Christ Jesus, have mercy on us.</b> Lord Jesus, you are the joy of all joyous things; you are the beam of the sun in the day; you are the guiding star in the night. Lord Jesus, have mercy on us.	
	<b>Lord Jesus, have mercy on us.</b> Lord Jesus Christ, with the Father who created us and the Spirit that cleansed us, Purify our hearts, make holy our souls and confirm our faith, keep safe our minds and compass our bodies all about. Enfold us...	
Community Leader	<b>... and surround us.</b> Guide our speech...	
	<b>... and our thoughts.</b> Guard us in our sleeping...	
	<b>... and in our waking.</b> Nurture us in our watching...	
	<b>... and in our hoping.</b> Shield us in our lives...	
Community Leader	<b>... and grant us peace in eternity.</b> Holy God, Father, Son and Spirit, pour down upon us from heaven the rich blessing of your forgiveness. Be patient with us and grant to us	

Community Leader	may the Spirit of Grace be with you, strengthening. <b>For ever and for ever more. Amen.</b> Praise to the Father, praise to the Son, praise to the Spirit. <b>The three in one.</b> <i>(making the sign of the cross)</i> The guarding of the God of life be on you, the guarding of the loving Christ be on you, the guarding of the Holy Spirit be on you, aiding and enfolding you each day and night of your lives.	
	Community <b>May God, the three in one, encompass us all, shielding us on sea and on land, in day and in night, guarding each step and each path we travel. Amen.</b>	
	Hymn (optional)	

*The members of the community sit or kneel after the service concludes, as they prefer. Silence is observed to allow private prayer or meditation. Individuals should leave quietly as the Spirit moves them.*

Community Leader	<b>May we all be guided into the fellowship of Christ.</b>	
	O God, lessen our sins and increase our trust in you. Help us also to remember those burdened by guilt and shame, especially those deep in despair.	
Community Leader	<b>May we all find forgiveness in the fellowship of Christ.</b>	
	O God, guard us from distress and protect us from misfortune. Help us also to remember those feeling battered by the turbulence of their lives, whether through their own choices or the actions of others.	
Community Leader	<b>May we all find consolation in the fellowship of Christ.</b>	
	O God, shelter us from harm and aid us in life's struggles, protect us under your shield and guard us from harm, guide us in your ways and clear the paths before us. Be by our knees, by our backs and by our sides in every step we take in this stormy world.	
Community Leader	<b>Amen.</b>	
	In the silence of your heart, bring your special needs or concerns before God. If you wish us to join in your prayers for these needs, speak them aloud, saying when you are finished, "For this I pray."	

*Members of the community offer their particular prayers. The community's response to these individual petitions is:*

**May God's blessing be yours, and well may it befall you.**

*When these personal prayers are finished, the leader offers the final blessing.*

Leader	May God our Father	
	be with you lying down,	
	be with you rising up.	
	May Christ our Brother	
	be with you sleeping,	
	be with you waking.	
	May the Spirit our Guide	
	be with you resting,	
	be with you acting.	
	May God the Father be with you, protecting;	
	may Christ our Lord be with you, directing;	

the fear of God, the love of God, and your affection so we may do your will on earth at all times ...  
... **as the angels and saints do in heaven.**

Community Leader	Holy God,
	Father, Son and Spirit,
	pour down upon us from heaven
	the rich blessing of your peace.
	Peace between nations ...
	... <b>peace between neighbors.</b>
Community Leader	Peace between kindred ...
Community Leader	... <b>peace between lovers.</b>
	Peace between persons injured ...
Community Leader	... <b>peace between foes.</b>
	Holy God,
	Father, Son and Spirit,

	help us to love and bless your creation,
	all that we see, all that we hear, all that we touch.
	Let us share your peace with our fellow creatures at all times, living as signs of forgiveness and reconciliation on the earth ...
	... <b>as the angels and saints do in heaven:</b>
	<b>without malice, without jealousy, without envy, without fear, without terror of anyone under the sun.</b>
	<b>And may the Father, the Son and the Spirit</b>
	<b>kindle in our hearts the flame of love to our neighbors,</b>
	<b>to our foes, to our friends, to our kindred all,</b>
	<b>to the brave, to the knave, to the thrall.</b>

Leader	The peace of the Father of Joy,
	the peace of Christ the Lamb,
	the peace of the Spirit of Grace, be with you.
Community	<b>The peace of the Father of Joy,</b>
	<b>of Christ the Lamb, and of the Spirit of Grace,</b>
	<b>be with us all.</b>
Leader	Let us share a sign of peace with those present here as a testimony to the peace God offers to the world.

*The members of the community share a sign of peace before sitting down. A brief period of silence follows before the reader begins the Word of God.*

The Word of God

Reader

I set the teachings of Christ before you;  
I set the guarding of God about you.  
**May it possess us and protect us all.**

Community

Reader

A reading from the Gospel according to Saint John.

John (called the Baptist) was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, “Look, here is the Lamb of God!” The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, “What are you looking for?” They said to him, “Rabbi, where are you staying?” He said to them, “Come and see.” They came and saw where he was staying, and they remained with him that day. It was about four o’clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter’s brother. He first found his brother Simon and said to him, “We have found the Messiah” (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, “You are Simon son of John. You are to be called Cephas” (which is translated Peter).

The next day Jesus decided to go to Galilee. He found Philip and said to him, “Follow me.” Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, “We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth.” Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” When Jesus saw Nathanael coming toward him, he said of him, “Here is truly an Israelite in whom there is no deceit!” Nathanael asked him, “Where did you get to know me?” Jesus answered, “I saw you under the fig tree before Philip called you.” Nathanael replied, “Rabbi, you are the Son of God! You are the King of Israel!” Jesus answered, “Do you believe because I told you that I saw you under the fig tree? You will see greater things than these.” And he said to him, “Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man.”

Community

All stand.

Leader

All

Let us pray for the coming of the Kingdom,  
in the words our Lord taught us:  
**“Our Father in heaven,  
hallowed be your name.  
Your kingdom come.  
Your will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And do not bring us to the time of trial,  
but rescue us from the evil one.”**

(Matthew 6: 9-13)

Leader

Thanks be to you, Eternal Father,  
for you have enwrapped our bodies and our souls,  
safeguarding us in the sanctuary of your love ...

**... and sheltering us under the mantle of your care.**

O God, bless our homesteads and care for all therein. Help us also to remember those without home or refuge, especially those displaced by war and poverty.

**May we all find refuge in the fellowship of Christ.**

O God, bless our kindred and protect those who are close to us. Help us also to remember those who are alone, without family or friends.

**May we all find companionship in the fellowship of Christ.**

O God, bless our words and help them bring joy and comfort to others. Help us also to remember those who are harmed by unkind words and verbal abuse.

**May we all hear the gentle voice welcoming us into the fellowship of Christ.**

O God, bless us in our errands and protect us in our travels. Help us also to remember those who are lost, walking through life without direction or hope.

**keep safe our minds, encompass our bodies about  
so that in our own hearts, we may feel your presence.**

O Holy Spirit, of greatest power,  
come down upon us and subdue us;  
from your glorious mansion in the heavens.  
The knee that is stiff, O healer, make pliant,  
the heart that is cold, make warm beneath your wing;  
guide the soul that is wandering from your path  
and it shall not die.  
Each thing that is foul, may you cleanse,  
each thing that is hard, may you soften with your grace,  
each wound that is causing us pain,  
may you make whole.  
Now to the Father who created each creature,  
now to the Son who paid ransom for his people,  
now to the Holy Spirit, comforter of might:  
shield and protect us from every wound.

**Encompass the beginning and the end of our race,  
give us courage to sing in glory,  
in peace, in rest, in reconciliation.**

Come share in the table of the Lord,  
source of love for those who cherish his kindness,  
source of solace for those who need his forgiveness,  
source of hope for those who fear his judgement.  
Come share in the table of the Lord.

**Where no tear shall be shed,  
where death comes no more. Amen.**

*The community shares the Eucharist in silence. Afterward, the table is cleared during the hymn. If there is no hymn, the members of the community use this time for private prayer.*

Hymn (optional)

*Then, the leader continues the service.*

**Prayers and Blessings**

Praise to the Father,

The gospel of Jesus Christ, source of strength,  
Source of salvation, source of healing grace.  
**May it be a mantle to our bodies.**

*A brief silence follows the reading, until the leader begins the psalm.*

Psalm 139, Verses 1 through 17 and 23 through 24.

O Lord, you have searched me and known me.  
**You know when I sit down and when I rise up;  
you discern my thoughts from far away.**

You search out my path and my lying down,  
and are acquainted with all my ways.

**Even before a word is on my tongue,  
O Lord, you know it completely.**

You hem me in, behind and before,  
and lay your hand upon me.

**Such knowledge is too wonderful for me;  
it is so high that I cannot attain it.**

Where can I go from your spirit?

Or where can I flee from your presence?

**If I ascend to heaven, you are there;  
if I make my bed in Sheol, you are there.**

If I take the wings of the morning  
and settle at the farthest limits of the sea,

**even there your hand shall lead me,  
and your right hand shall hold me fast.**

If I say, “Surely the darkness shall cover me,  
and the light around me become night,”  
**even the darkness is not dark to you;  
the night is as bright as the day,  
for darkness is as light to you.**

For it was you who formed my inward parts;  
**you knit me together in my mother’s womb.**  
I praise you, for I am fearfully and wonderfully made.

**Wonderful are your works;  
that I know very well.**

My frame was not hidden from you,

Community  
Leader

when I was being made in secret,  
intricately woven in the depths of the earth.  
**Your eyes beheld my unformed substance.**  
In your book were written  
all the days that were formed for me,  
when none of them as yet existed.  
**How weighty to me are your thoughts, O God!**  
**How vast is the sum of them!**  
Search me, O God, and know my heart;  
test me and know my thoughts.  
**See if there is any wicked way in me,**  
**and lead me in the way everlasting.**

Community  
Leader

Community

There is a brief silence after the psalm before reading or presenting the audio version of the following reflection.

Reflection

“Finding Christ in All Things”  
by Timothy J. Ray

A period of silence is observed after the reflection for private meditation, with or without music. Afterward, the leader proceeds to the Eucharistic Prayer after the optional hymn.

Hymn (optional)

Eucharistic Prayer

If the community wishes to share the Eucharist, the table is prepared during the hymn. If there is no hymn, the table should be prepared in silence — slowly and deliberately. Then, the leader begins the Eucharistic Prayer.

Leader

Thanks be to you, Holy Father of Glory,  
father-kind, ever-loving, ever-powerful,  
because of all the abundance, favor and deliverance  
that you bestow on us in our need.

Community  
Leader

**May your name be praised forever,**  
**in the heavens above and here on earth.**  
Whatever Providence befalls us as your children,  
in our portion, in our lot, in our path,

Community  
Leader

Community  
Leader

Community  
Leader

Community  
Leader

“I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, ‘This is my body that is for you. Do this in remembrance of me.’ In the same way he took the cup also, after supper, saying, ‘This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.’  
For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.” (1 Corinthians 11: 23-26)

O Gracious God, *(making the sign of the cross)*  
may your Spirit come upon us, and upon this bread and wine,  
so that it might illumine our understanding, kindle our will,  
incite our love, strengthen our weakness, and enfold our desires.

**O Generous Lord,**  
**cleanse our hearts, make holy our souls, confirm our faith,**

give to us with it the riches of your hand  
and the joyous blessing of your mouth.  
**May your kingdom be seen to flourish**  
**through the joy of your people, always grateful.**  
In the steep common path of our calling,  
be it easy or uneasy to our flesh,  
be it bright or dark for us to follow,  
your perfect guidance will be upon us.

**Provide for us in all our needs,**  
**material and spiritual, this day and every day.**

Be a shield to us from the wiles of the deceiver,  
from the arch-destroyer with his arrows pursuing us,  
and in each secret thought our minds get to weave,  
guide and protect us.

**Do not allow us to be tossed about by temptations**  
**and protect us from all evils that would do us harm.**

O Loving Christ, who was hanged upon a tree,  
each day and each night we remember your covenant;  
in our lying down and rising up, we yield ourselves to your cross,  
in our lives and our deaths, we seek in you our peace.  
Each day, may we remember the source of the mercies  
you bestowed on us, gently and generously;  
each day, may we become fuller in love with you.

My brothers and sisters, with St. Paul, I say to you: